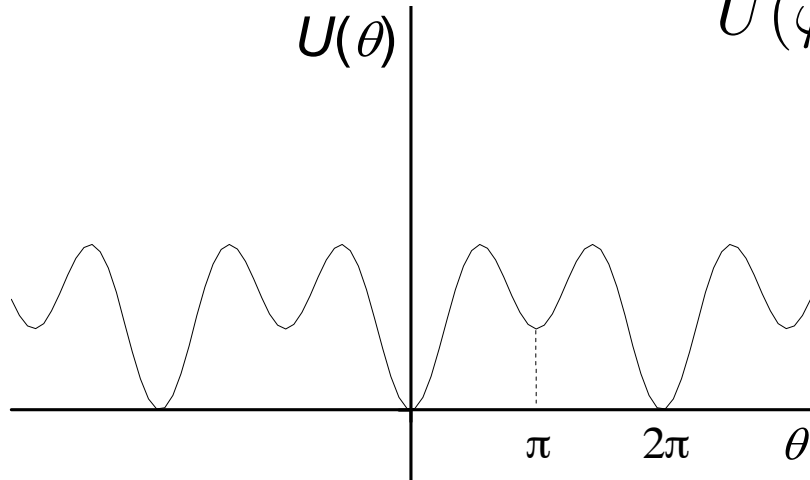


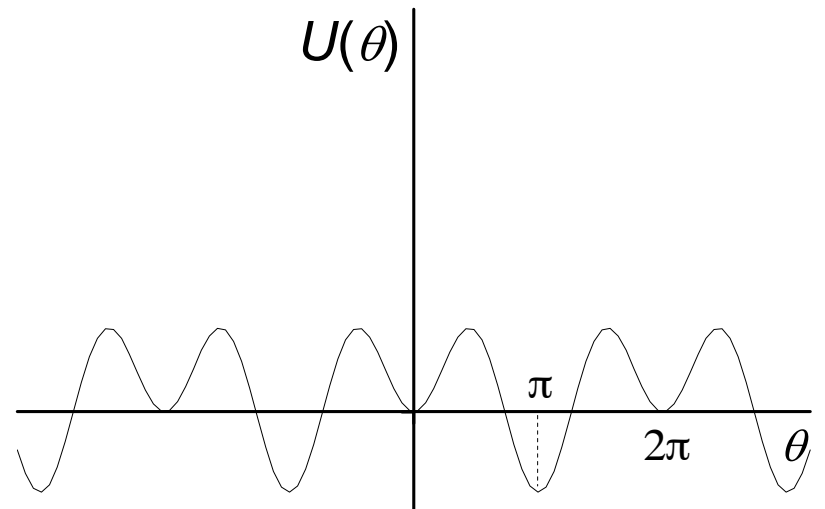
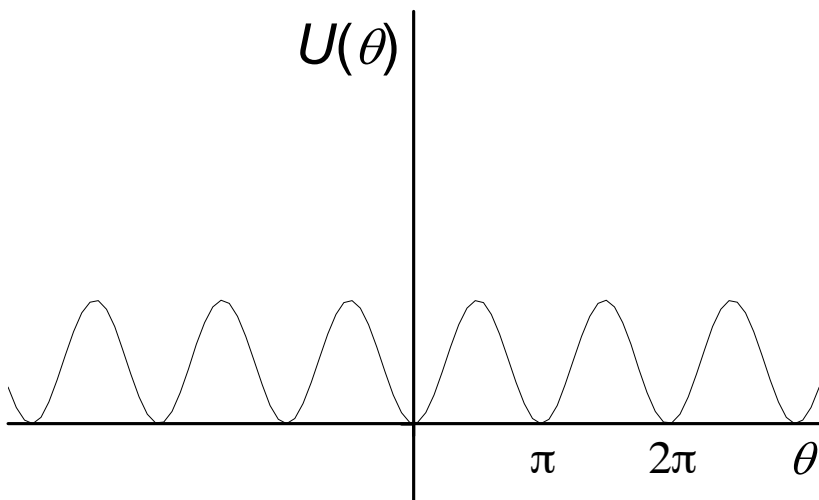
# Quantum tunnelling (field theory)

## Metastable potential

$$U(\varphi) = g \sin^2 \varphi + \lambda(1 - \cos \varphi)$$



metastability  $\lambda_c \equiv -2g < \lambda < 0$



## Double sine-Gordon

$$\frac{1}{c^2} \frac{\partial^2 \varphi}{\partial t^2} - \nabla_D^2 \varphi + g \sin 2\varphi + \lambda \sin \varphi = 0$$

$$U(\varphi) = g \sin^2 \varphi + \lambda(1 - \cos \varphi)$$

$$Z(\beta) = \text{Tr} \exp -\beta H = \int \mathcal{D}\bar{\varphi}(\mathbf{r}') \int_{\bar{\varphi}(\mathbf{r}')}^{\bar{\varphi}(\mathbf{r}')} \mathcal{D}\varphi(\mathbf{r}', \tau') \exp -\frac{S_E[\varphi(\mathbf{r}', \tau')]}{\hbar}$$

$$S_E[\varphi(\mathbf{r}', \tau')] = \varphi_0^2 \int_{-\hbar\beta/2}^{+\hbar\beta/2} \int_{V_D} d\tau' d^D x \left\{ \frac{1}{2c^2} \left( \frac{\partial \varphi}{\partial \tau} \right)^2 + \frac{1}{2} |\nabla_D \varphi|^2 + U(\varphi) \right\}$$

where  $\left[ \frac{\varphi_0^2}{c} \right] L^{D-1} = [\hbar]$

zero temperature  $\hbar\beta \rightarrow \infty$

Decay rate  $\frac{\Gamma_0}{V_D} = A_0 \exp -\frac{B_0}{\hbar}$

Bounce is a spherically symmetric solution of the equation of motion

$$\frac{d^2 \varphi}{d\rho^2} + \frac{D}{\rho} \frac{d\varphi}{d\rho} - g \sin 2\varphi - |\lambda| \sin \varphi = 0$$

“time variable”  $\rho = \sqrt{c^2 \tau^2 + r^2}$

$$\varphi_c(\rho = \infty) = 0 \quad \text{and} \quad \left. \frac{d\varphi_c}{d\rho} \right|_{\rho=0} = 0$$

Then we need to evaluate

$$B_0 = \frac{\varphi_0^2}{c} \int_{-\infty}^{+\infty} c d\tau \int_0^{\infty} r^{D-1} dr \int_0^{2\pi} d\theta_1 \int_0^{\pi} d\theta_2 \dots \int_0^{\pi} d\theta_{D-1} \sin^{D-2} \theta_{D-1} \dots \sin \theta_2$$

$$\times \left\{ \frac{1}{2c^2} \left( \frac{\partial \varphi_c}{\partial \tau} \right)^2 + \frac{1}{2} |\nabla_D \varphi_c|^2 + U(\varphi_c) \right\}$$

$$B_0 = \frac{\varphi_0^2}{c} N(D) \int_0^{\infty} d\rho \rho^D \left\{ \frac{1}{2} \left( \frac{\partial \varphi_c}{\partial \rho} \right)^2 + g \sin^2 \varphi_c - |\lambda|(1 - \cos \varphi_c) \right\}$$

For  $D \geq 2$  we have  $N(D) = 2\pi^{(D+1)/2} / \Gamma((D+1)/2)$

$$D = 1 \quad \int_0^{\infty} dr \rightarrow \int_{-\infty}^{\infty} dx$$

Prefactor  $A_0 = \left( \frac{B_0}{2\pi\hbar} \right)^{(D+1)/2} c \sqrt{\frac{\det(-\nabla_{(D+1)}^2 + U''(0))}{\det'(-\nabla_{(D+1)}^2 + U''(\varphi_c))}}$

Close to the instability  $|\lambda| \equiv 2g(1 - \epsilon)$

and the potential becomes  $U(\varphi) = -4g \sin^4 \frac{\varphi}{2} + 4g\epsilon \sin^2 \frac{\varphi}{2}$

$$x \equiv \sqrt{2g\rho} \quad \frac{d^2\varphi_c}{dx^2} + \frac{D}{x} \frac{d\varphi_c}{dx} = \sin\varphi_c(\cos\varphi_c - 1) + \epsilon \sin\varphi_c$$

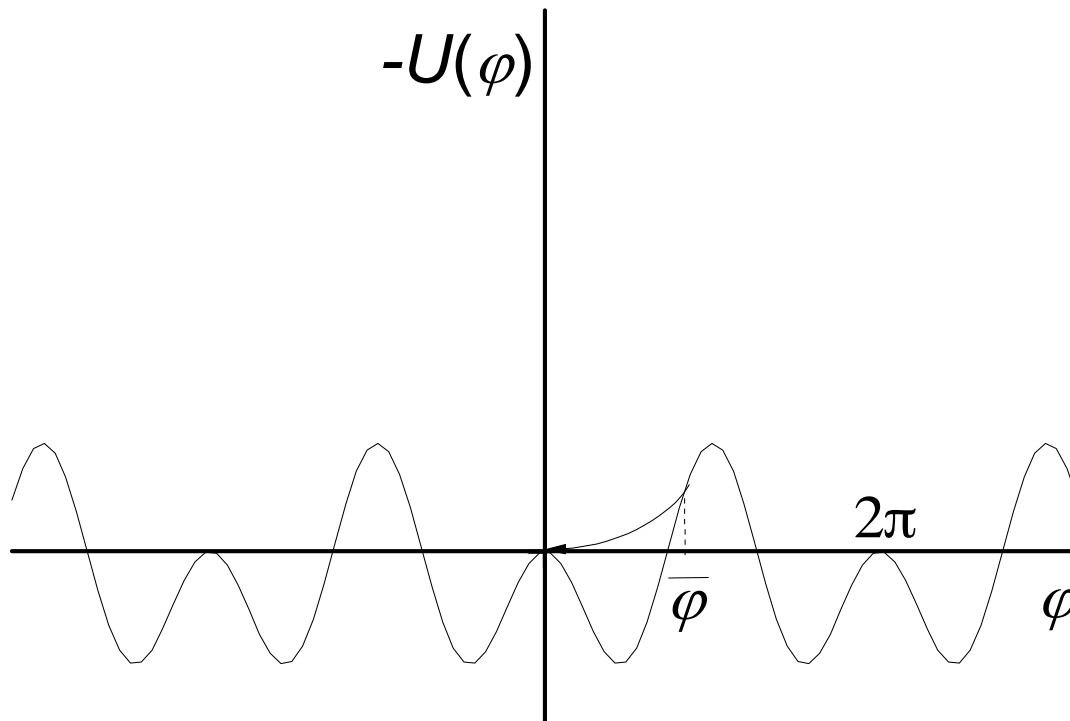
$$B = \frac{N(D)\varphi_0^2}{(2g)^{(D-1)/2}c} \int_0^\infty dx x^D \left\{ \frac{1}{2} \left( \frac{\partial\varphi_c}{\partial x} \right)^2 - 2 \sin^4 \frac{\varphi_c}{2} + 2\epsilon \sin^2 \frac{\varphi_c}{2} \right\}$$

$$\varphi_c(x = \infty) = 0 \quad \text{and} \quad d\varphi_c/dx|_{x=0} = 0$$

## Bounce analysis

$$\frac{d^2 \varphi_c}{dx^2} + \frac{D}{x} \frac{d\varphi_c}{dx} = \sin \varphi_c (\cos \varphi_c - 1) + \epsilon \sin \varphi_c$$

$$\varphi_c(x = \infty) = 0 \quad \text{and} \quad d\varphi_c/dx|_{x=0} = 0$$



Bounce action

$$B = P_D I_D(\epsilon) \quad \text{where} \quad P_D = \frac{2N(D)\varphi_0^2}{(2g)^{(D-1)/2}c} \quad \text{and}$$

$$I_D(\epsilon) = \frac{1}{2} \int_0^\infty dx x^D \left\{ 2\varphi_c \sin^3 \frac{\varphi_c}{2} \cos \frac{\varphi_c}{2} - 2 \sin^4 \frac{\varphi_c}{2} + \epsilon \left( 2 \sin^2 \frac{\varphi_c}{2} - \frac{\varphi_c}{2} \sin \varphi_c \right) \right\}$$

For  $D = 1$  or  $2$  dependence of the action on  $\epsilon$  can be evaluated analytically

$$\text{Approximated potential} \quad U(\varphi) \approx 2g\epsilon \frac{\varphi^2}{2} - 2g \frac{\varphi^4}{8} - 2g\epsilon \frac{\varphi^4}{24}$$

$$\tilde{x} \equiv \sqrt{\epsilon}x \quad \text{and} \quad y(\tilde{x}) \equiv \varphi(\tilde{x})/\sqrt{2\epsilon}$$

$$B(\epsilon) \approx P_D \epsilon^{(3-D)/2} \tilde{I}_D \quad \text{with} \quad \tilde{I}_D = \int_0^\infty d\tilde{x} \tilde{x}^D \left\{ \frac{1}{2} \left( \frac{dy_c}{d\tilde{x}} \right)^2 + \frac{y_c^2}{2} - \frac{y_c^4}{4} \right\}$$

$$\frac{d^2 y_c}{d\tilde{x}^2} + \frac{D}{\tilde{x}} \frac{dy_c}{d\tilde{x}} = y_c - y_c^3 \quad \tilde{I}_D = \int_0^\infty d\tilde{x} \tilde{x}^D \frac{y_c^4}{4}$$



## Second variation problem

Eigenvalue equation 
$$-\frac{d^2\psi}{d\rho^2} - \frac{D}{\rho} \frac{d\psi}{d\rho} + \frac{k_{(D)}}{\rho^2} \psi + U''(\varphi_c) \psi = E_{(D)} \psi$$

with  $k_{(1)} = m^2$  with  $m = 0, \pm 1, \pm 2, \dots$

$$k_{(2)} = \ell(\ell + 1) \text{ with } \ell = 0, 1, \dots$$

$$E_{(1)} = E_{nm} \text{ with } E_{(2)} = E_{n\ell}$$

Rescaling  $\tilde{x} \equiv \sqrt{\epsilon}x$  and  $y(\tilde{x}) \equiv \varphi(\tilde{x})/\sqrt{2\epsilon}$

$$-\frac{d^2\psi}{d\tilde{x}^2} - \frac{D}{\tilde{x}} \frac{d\psi}{d\tilde{x}} + \frac{k_{(D)}}{\tilde{x}^2} \psi + U''(y_c) \psi = \frac{E_{(D)}}{2g\epsilon}$$

$$\sqrt{\frac{\det(-\nabla_{(D+1)}^2 + 2g\epsilon)}{\det'(-\nabla_{(D+1)}^2 + U''(\varphi_c))}} = (2g\epsilon)^{(D+1)/2} R_D$$

$$\rightarrow \frac{\Gamma}{V_D} \approx \left( \frac{g\epsilon B(\epsilon)}{\pi\hbar} \right)^{(D+1)/2} c R_D \exp -\frac{B(\epsilon)}{\hbar}$$

Thin-wall approximation (TWA)

Bounce solution close to the degeneracy  $\varphi_c(\rho - R)$   $\rho = \sqrt{c^2\tau^2 + r^2}$

Real time behavior  $\varphi_c(\sqrt{r^2 - c^2t^2} - R)$   $r_p^2(t) = R^2 + c^2t^2$

$$\rho \approx R \gg \zeta \equiv (2g)^{-1/2}$$



$$B = S_E(R_c) \quad \text{where} \quad \left. \frac{dS_E(R)}{dR} \right|_{R=R_c} = 0$$

$$S_E(R) = \frac{\varphi_0^2}{c} N(D) \int_0^\infty d\rho \rho^D \left\{ \frac{1}{2} \left( \frac{\partial \varphi_c}{\partial \rho} \right)^2 + g \sin^2 \varphi_c - |\lambda|(1 - \cos \varphi_c) \right\}$$

$$\approx -\frac{2\varphi_0^2}{(D+1)c} |\lambda| N(D) R^{D+1} + \frac{\varphi_0^2}{2c} N(D) S_1 R^D$$

Where we have used

$$\varphi_c(\rho - R) = \begin{cases} \pi & \text{if } \rho < R \\ 0 & \text{if } \rho > R \end{cases} \quad \zeta = (2g)^{-1/2} \text{ about } \rho \approx R$$

Then

$$\left. \frac{dS_E(R)}{dR} \right|_{R=R_c} = 0 \quad \Rightarrow \quad R_c = \frac{DS_1^{(D)}}{4|\lambda|} \quad \text{and} \quad B = \frac{\tilde{N}(D)\varphi_0^2 S_1^{D+1}}{c |\lambda|^D}$$

$$\tilde{N}(D) \equiv 2N(D)D^D / [(D+1)4^{D+1}] \quad S_1 \equiv \int_0^\infty d\rho \left( \frac{\partial \varphi_c}{\partial \rho} \right)^2$$

Pre-factor analysis depends on  $(-\nabla_{(D+1)}^2 + U''(\varphi_c))$

## Finite temperatures: comments

$$S_{eff}[\varphi(\mathbf{r}', \tau')] = \varphi_0^2 \int_{-\hbar\beta/2}^{+\hbar\beta/2} d\tau' \int_{V_D} d^D x \left\{ \frac{1}{2c^2} \left( \frac{\partial\varphi}{\partial\tau} \right)^2 + \frac{|\nabla_D\varphi|^2}{2} + U(\varphi) \right\}$$

$$+ \frac{2\gamma\pi}{4\hbar^2\beta^2} \frac{\varphi_0^2}{c^2} \int_{V_D} d^D x \int_{-\hbar\beta/2}^{\hbar\beta/2} d\tau'' \int_{-\hbar\beta/2}^{\hbar\beta/2} d\tau' \frac{\{\varphi(x, \tau') - \varphi(x, \tau'')\}^2}{\sin^2(\pi(\tau' - \tau'')/\hbar\beta)}$$

Bounce solution

$$\left. \frac{\delta S_{eff}}{\delta\varphi} \right|_{\varphi_c} = \frac{1}{c^2} \frac{\partial^2\varphi_c}{\partial\tau^2} + \nabla_D^2\varphi_c - \frac{\partial U}{\partial\varphi_c}$$

$$- \frac{2\gamma\pi}{\hbar^2\beta^2c^2} \int_{-\hbar\beta/2}^{\hbar\beta/2} d\tau'' \frac{[\varphi_c(x, \tau') - \varphi_c(x, \tau'')]}{\sin^2(\pi(\tau' - \tau'')/\hbar\beta)} = 0$$

## Second variation

$$\hat{D}_\beta \varphi(x, \tau') = -\frac{1}{c^2} \frac{\partial^2 \varphi(x, \tau')}{\partial \tau'^2} - \nabla_D^2 \varphi(x, \tau') + U''(\varphi_c) \varphi(x, \tau') \\ + \hat{O}_\beta \varphi(x, \tau') = kq(\tau')$$

$$\hat{O}_\beta \varphi(x, \tau') = \frac{2\gamma\pi}{\hbar^2 \beta^2 c^2} \int_{-\hbar\beta/2}^{\hbar\beta/2} d\tau'' \frac{[\varphi(x, \tau') - \varphi(x, \tau'')]}{\sin^2(\pi(\tau' - \tau'')/\hbar\beta)}$$

$$S_{eff}(\varphi_n(x)) = \hbar\omega_0\beta B_0 \int_{V_D} d^D x \sum_{n=-\infty}^{\infty} \left[ (\nu_n^2 + 2\alpha|\nu_n|) \varphi_n(x) \varphi_{-n}(x) \right. \\ \left. + \nabla_D \varphi_n(x) \cdot \nabla_D \varphi_{-n}(x) - [U(\varphi(x, \tau))]_n \right]$$